Step One

Fall 9/30/2020
Adult Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00am					
9:30am					
10:00am					
10:30am			Cardio Barre $18 RZ Zoom (C)		
11:00am		**Beg. Tap AW (C)		**Beg. Tap AW (C)	
12:15pm					
5:00pm	Sculpt & Define $18 MC (D)	Fierce Funk $18 PV (D)	Sculpt & Define $18 MC (D)	Extreme Step - $18 CM (D)	Stretch Fusion $18 PV (D)
6:00pm	Zumba - $12 drop-in Barreto Brothers (D)	Zumba - $12 drop-in Barreto Brothers (D)	Zumba - $12 drop-in PV (D)	Fierce Funk - $18 PV (D)	Zumba - $12 drop-in KB (D)
7:00pm	Beginning Adult Tap PV $18		Adult Hip Hop DZ $15		
8:00pm	Int. Contemporary Fusion NH $18 Hip Hop MG $15	Contemp. Modern DB $18 Hip Hop JS $15	Beg/Int jazz EA $18		

LEGEND:	Inside and Zoom (Hybrid)	** Will start based on interest	In-Person only (No Zoom)
	Zoom ID 915-459-2383 Password dancefit		

ZOOM Meeting IDs
Room (C): 937-201-5862 | Room (D): 915-459-2383 | Password: dancefit

Time	Saturday
9:00am	Vinyasa Yoga HF (C)
10:00am	Zumba - $12 drop-in TB (D)
TIME	SUNDAY
9:00am	Zumba - $12 drop-in MM (D)
10:00am	Pilates Mat $18 KG
11:00am	Intemediate Adult Tap PV $18

Instructors	
AB	Alfredo Barreto
AW	Aidan Ward
BB	Barreto Brothers
CM	Chantelle Marvin
DB	Dacia Biletnikoff
DZ	DZ Dobynes
HF	Heather Foli
JS	Jesse Sanchez
KB	Kashalia Block
KG	Kim Goetz
MC	Michele Coons
MGr	Myles Graves
MM	Marcia McClain
MR	Marco Ruivivar
NH	Nhan Ho
PV	Pepper Von
RZ	Rose Zahnn
TB	Toya Bufford

LIABILITY DISCLAIMER: Step 1 and its staff are not liable for personal injuries or loss of, or damage to personal property. Please inform the instructor of any personal limitations you may have. If you have any doubt to your personal abilities, please consult your physician before participating.

POLICIES

- ► A $25 service fee will be added for all returned checks.
- ► NO food or drink allowed in the studios, except water.
- ► Students arriving more than 15 minutes late will NOT be allowed to attend class
- ► All students must sign in at the front desk before participating in any class.
- ► Step 1 reserves the right to refuse service.